EDIBLE SCHOOLYARD NYC





We’re Edible Schoolyard NYC

Founded in 2010, Edible Schoolyard NYC (ESYNYC) is a nonprofit organization on a mission to make **edible education** accessible for every child in NYC. Inspired by Alice Waters’ belief that every child deserves access to an edible education, we believe that when children experience **hands-on cooking and gardening education,** it helps them gain the **skills to contribute to a healthy and sustainable food system** for us all.

Our program reaches over **4,000** NYC students directly annually across over **30** public schools ,

SEE US IN ACTION

The Challenge

- **Too many children do not regularly consume enough fruits and vegetables.**
  In a recent national study, 49% of parents reported their child did not eat a vegetable every day and 32% said their child didn't consume a daily fruit.

- **Lower income neighborhoods and communities of color face increased challenges around access to healthy food.**
  In some neighborhoods, bodegas outnumber supermarkets by as much as 18:1.

- **Open space and recreation areas can be scarce in NYC.**
  In some neighborhoods we serve, open spaces comprise only 4% of land use.

- **Nearly 40% of New York City public school children are considered overweight or obese, putting them at-risk for chronic diseases and negative health outcomes.**
  Minimal access to healthy foods and safe spaces to exercise can be contributing factors, and Black and Latino students are disproportionately impacted.







How we work

Core Schools

Every student at our 4 core school sites receives hands-on seed-to-table education through our cooking and gardening curriculum. ESYNYC staff members are embedded at each school site, teaching daily classes during the school day, building and maintaining school gardens, leading extracurricular activities such as afterschool programming or family cooking nights, and more.

Mobile Education

Our mobile education program allows us to reach an additional 25+ schools, providing single or multi-day instruction to teach hands-on cooking lessons that are plant-based and reflect the diverse cultures of NYC.

How we work

Professional Development + Technical Assistance

We offer virtual and in-person professional development workshops to PreK-12th grade educators looking for strategies to include hands-on seed-to-table education in their own classrooms. Our experienced team also builds gardens and advises on garden and food education.

Volunteer Opportunities

ESYNYC works with leading NYC companies and engages over 300 corporate and community volunteers annually to support our work in schools and neighboring communities. Volunteers support critical garden maintenance, food distribution, community events, and more.





In our most recent school year:

- We delivered **1,268** hands-on edible education lessons and led **318** extracurricular activities, including after-school clubs and family cooking nights
- **90%** of NYC school staff reported that ESYNYC classes positively contributed to **students' emotional well-being**
- **94%** of caregivers reported that their child **helps cook at home**



Our Impact

ESYNYC has a strong track record of delivering high-quality, hands-on programming that makes a measurable difference for students and schools communities.

Through hands-on cooking and gardening classes, we support students in **healthy eating**, foster **social emotional skills**, promote **academic growth**, **connect students to the environment and each other**, and so much more.

Let’s Connect

development@esynyc.org

https://edibleschoolyardnyc.org/

@esynyc

linkedin.com/company/edible-schoolyard-nyc








THANK YOU